

Dear Parents & Guardians,

Over the past several months there have been many cases of head lice in the communities of the North Shore. Unfortunately, we are seeing occasional cases here in the Fox Point-Bayside School District. This information was shared with all of our families via the Friday communications several weeks ago, but we want to share it again to ensure that everyone has the information they need to help prevent the continued spread. It is our policy that students do not come to school with live lice. They may return to school after having been treated and are determined to no longer have live lice. If you find that your child has lice, please keep them home until they are properly treated.

Please remember that lice are a nuisance. They are not a health hazard. They do not indicate anything about the cleanliness of a home or the hygiene of an individual. Lice actually prefer a clean spot to lay their eggs. Lice can not fly or jump, so you are not at risk when sitting near an individual who has lice.

How to avoid lice:

- Teach your child not to share:
 - Hats
 - Headbands
 - Hair bands
 - Brushes
 - Combs
 - Wigs
- Discourage your child from having hair to hair contact with others if possible

What to do if you find lice or nits:

- Eliminate the infestation:
 - Treat at home with over the counter lice treatments (permethrin)
 - Go to a lice treatment center (there are several in the area)
 - Contact your child's health care provider for their recommendations
- Prevent reinfestation or exposing household members
 - Wash items (sheets, blankets, pillows, etc)
 - Put items that can't be washed in an airtight plastic bag for 2 weeks
 - Wash combs and brushes in hot, soapy water or replace

Please feel free to contact me with any questions or concerns. Please also notify me if you identify that your child has lice, so I can continue to monitor our number of affected students.

Sincerely,
Monica Cain, RN, BSN
District Nurse
Fox Point-Bayside School District
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